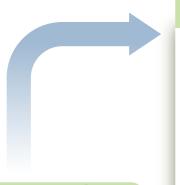
## **Adult Model Flow Chart**

Interventions for patients 18 and older



## Arrange 1

• Schedule follow-up contact, in person or by telephone, preferably within the first week after the guit date.



- Health care providers should ASK all patients about tobacco use at every visit.
  - a. Implement a system in your clinic that ensures that tobacco-use status is obtained and documented at every patient visit (EMR, sticker, stamp).
  - b. Make it a vital sign or make use of an alternative universal identification system that can serve as a reminder to continue the conversation.
  - c. Make sure that you congratulate those who do not use tobacco.
- If patient is a tobacco user, continue to ADVISE.



## Advise 1



• Use clear, strong, and personalized language to ADVISE all tobacco users to quit.



## Assess 1



- Assess (determine and document) readiness and willingness to quit.
- If patient is **not** ready to quit within the next 30 days, go to 5Rs.



- Help the patient determine a quit plan by referring to QuitlineNC (1-800-QUIT-NOW).
- Evaluate and determine need for pharmacotherapy.
- Provide supplemental materials.
- Provide practical counseling (problem solving/training).
- Provide a supportive clinical environment while encouraging patients to guit.

